

Watershed Scale Patterns of Food Web Dynamics & Implications for Restoration Sites



River Restoration Northwest, February 9th, 2017
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GeoSystems Analysis

Ground & Surface Water Hydrology

Hood River, Oregon

1. Thank you for staying around until the end!
2. My name is Adrienne Grimm and I work as a hydrologist Geosystems Analysis in Hood River, OR
3. I'm going to be talking about a study I worked on in the Methow River Basin as part of my graduate work at the University of Idaho

PNW salmon restoration actions have focused on *opportunistic* changes to physical habitat



<http://www.issaquahpress.com/2010/10/19/city-restores-issaquah-creek-salmon-habitat/>



http://green.blogs.nytimes.com/2012/02/09/hatcheries-vs-wild-salmon/?_r=0



The link from physical habitat changes to population increases is **not always conclusive** (Roni et al, 2002, Beechie et al, 2010, Doyle, 2011)

Some think food resources might be the missing mechanistic piece (Naiman et al., 2012) ❌

Is a proposed project the best chance for measurable success?
Without monitoring – how do we know?

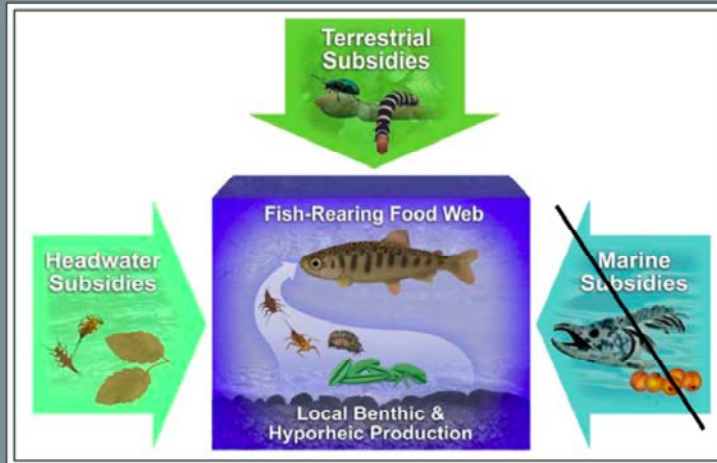
Changing the physical habitat is common approach to address decline, hoping the biological response follows

However the term "Habitat" comprises both physical space & FOOD

Is the biological response always observed? Why or why not?

Monitoring results is imperative to the success of salmon recovery – should be critical moving forward

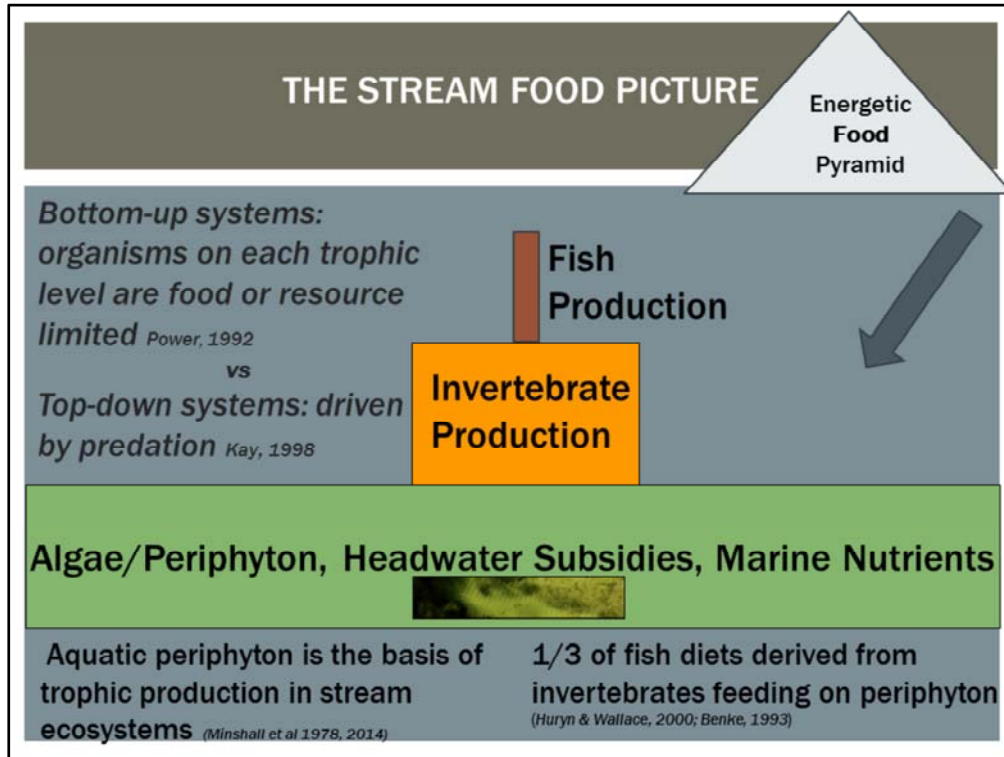
“Well-functioning food webs are fundamental for sustaining rivers as ecosystems & maintaining aquatic and terrestrial communities.” *Naiman et al. 2012*



Wipfli and Baxter, 2010

FOOD PICTURE

1. With the potential missing link of food resources identified, we designed a study to look at food resources in aquatic foodwebs
2. We looked at local benthic and hyporheic food – namely algae
3. We looked at terrestrial subsidies, such as invertebrates falling into the stream from the riparian canopy
4. We looked at headwater leaf material falling and either becoming entrained in the substrate or being moved downstream

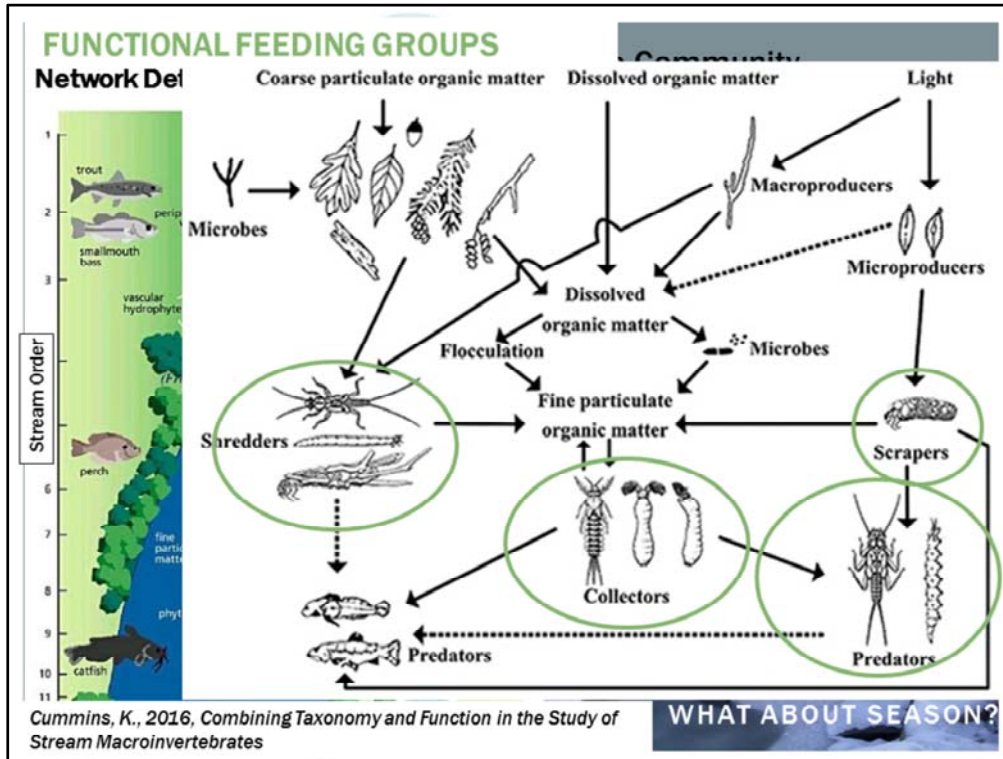


1. The base of the food web is comprised of photosynthesizing algae from single celled diatoms to rooted aquatic plants. In this presentation, they are all lumped under the umbrella of Periphyton – “green stuff on the stream bottom”

2. The food pyramid concept illustrates the approximate proportions of food resources required to support the next trophic level.

3. In ecology, there are two contrasting principles important for this study, whether a location is food limited, that is, production on the next trophic level is constrained by the amount of food - which dictates movement and behavior OR whether patterns are controlled from the top down, by predation. Endangered fish in this study are thought to be food limited.

4. What is driving the population in the stream you are thinking of?



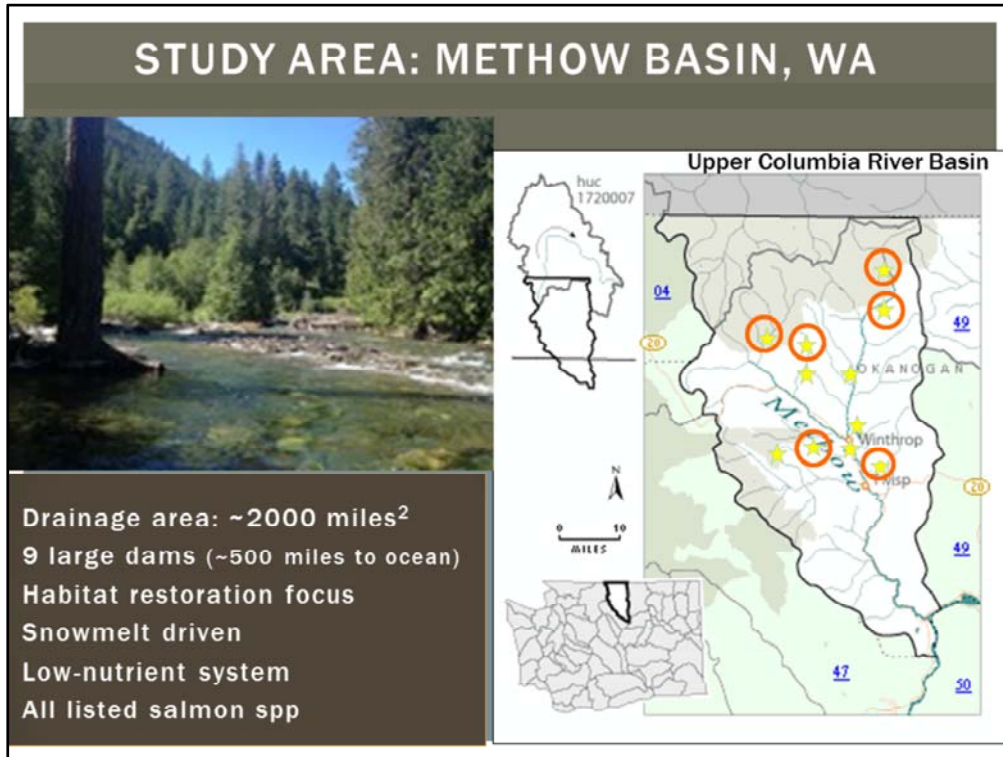
1. Our study tested and a finer resolution to the River Continuum Concept – most simply, the location in the stream network determines the community
2. Of particular interest is the evolution of feeding behaviors developed by invertebrates based on location they occupy in the network. Each has an important role in processing those upstream inefficiencies or using them to make their cases or homes
3. However, we wondered if this theory applied across all seasons and locations in the watershed?

GUIDING QUESTIONS

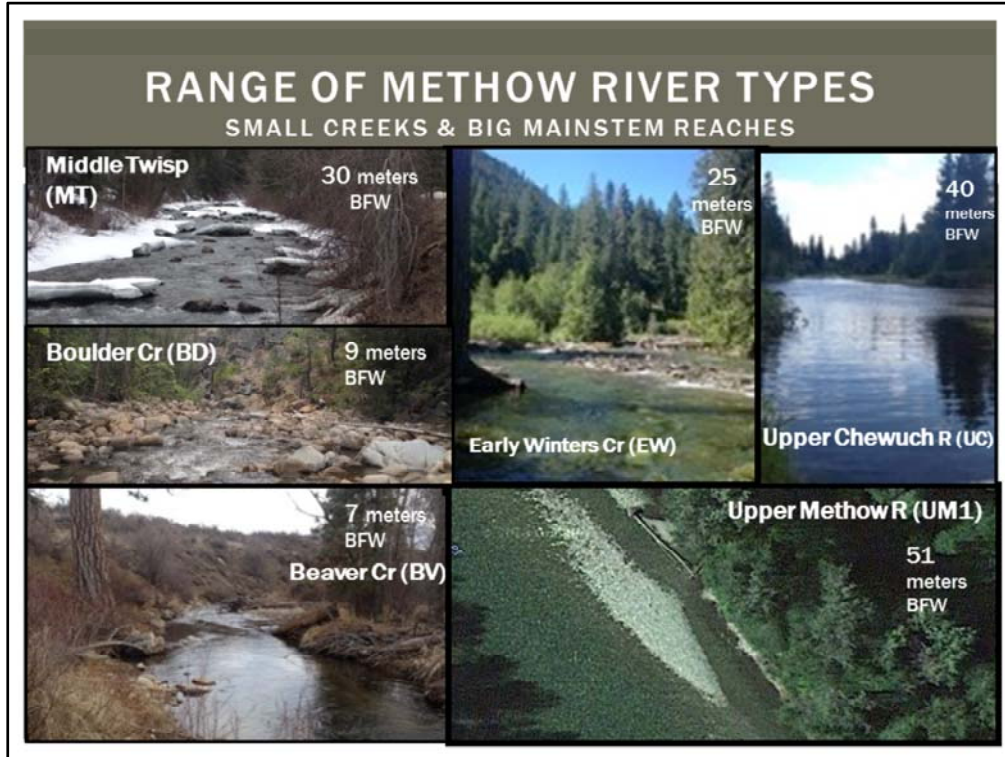
1. How do stocks and flows of riparian inputs, periphyton biomass & aquatic invertebrates change seasonally and spatially across a watershed?
2. Which environmental parameters best predict biomass & invertebrate composition?
3. How and where can a better understanding of food web dynamics improve restoration effectiveness?



1. We wanted to know the effect of season across the watershed, from headwaters to mainstem
2. We wanted to know if expected drivers of photosynthesis (light and nutrients) were upheld
3. We wanted to see if the concept of food resource availability could be predicted to inform restoration projects



1. Large watershed located above 9 Columbia River mainstem Dams
2. Predominantly free flowing, so effort has focused on addressing salmon decline through restoration actions
3. Snowmelt is major disturbance in May and June
4. In general, a low nutrient system –relatively pristine, generally low levels periphyton and invertebrate production – in strong contrast to the nutrient rich Klamath system, the Methow has granitic geology, not high phosphorous volcanic geology found in high nutrient systems
5. Supports all listed salmon spp
6. The map shows 12 sites used in the periphyton and a separate stream metabolism study, the circles were monitored for terrestrial and invertebrate dynamics.



1. Here are the approximate sizes of reaches monitored in the riparian component of the study
2. Names as well as Bankfull width are shown above
3. Sites ranged from small tributaries to large mainstem reaches.

METHODS

STANDING CROP BIOMASS & PIGMENT



1. Selected 12 sites based on Columbia Habitat Monitoring Protocol (CHAMP) sites because annual or frequent topographic surveys are collected as well as numerous other environmental parameters.
2. Visited each month and collected 5 rocks from the thalweg on each visit
3. Processed 720 samples in the lab for Periphyton biomass and chlorophyll a pigment

METHODS
BUG & RIPARIAN SAMPLING

Riparian Surveys

- 3 plots on left and right bank
- Measured tree circumference (DBH) to calc. basal area

Drift Invertebrates

- Drift net deployed for ~ 1hr
- Flow through net measured

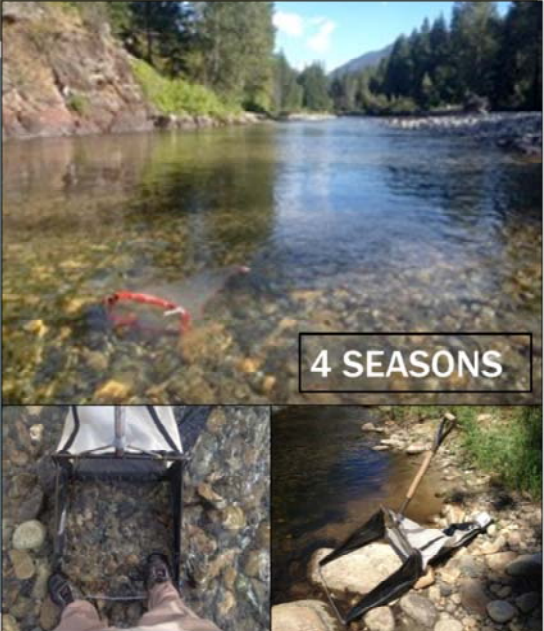
Benthic Invertebrates

- 10 aggregate benthic samples

Reach was 10x Wetted Width

Invertebrate Processing


- To Functional Feeding Group by Invertebrate Ecology, Inc., ID



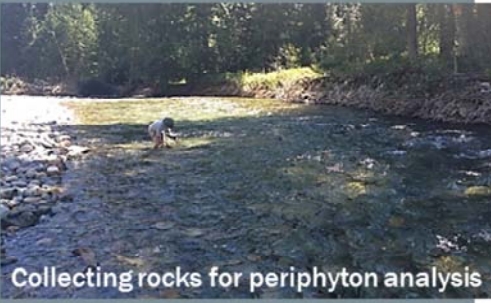
1. To understand resources flows in and out of a study reach,
2. We conducted measurements in 4 seasons (summer, early fall, late fall (after) leaf abscission, and spring)
3. Drift nets were deployed for one hour at the up and downstream extents of reaches
4. Reaches were 10 times the wetted width of the stream BFW as measured previously.
5. 10 aggregate benthic samples were collected on each visit
6. Drift and Benthic bug samples were processed to the taxonomic level of Functional Feeding Group by a firm in Idaho.
7. Dissolved organic carbon was measured at 5 times through the study period.

METHODS
ENVIRONMENTAL PARAMETERS

NUTRIENT	pH Total Inorganic Nitrogen and Soluble Phosphorous
ROCK SIZE	Substrate, B-axis
FLOW/Q	Discharge (wading rod cross-sections + USGS gaging stations)
TEMP	Temperature, daily average Turbidity
LIGHT	Light Intensity - PAR Canopy Cover - Estimated with a Sun-Eye "Denisometer"



Nutrient Sampling



Collecting rocks for periphyton analysis

1. We also sampled numerous environmental parameters each month of the year
2. Nutrient levels: Total inorganic nitrogen and phosphorous
3. Pebble counts and b axis of all periphyton rock samples
4. Discharge
5. Hourly temperature and turbidity
6. Light intensity and riparian shading at three locations along each sampled reach.

RESULTS OVERVIEW

SPATIAL & TEMPORAL PATTERNS OF:



- (1) TERRESTRIAL CARBON
 - Benthic & Drift Detritus
 - Leaf Input Type

- (2) PERIPHYTON Chlorophyll-a & Dry Mass

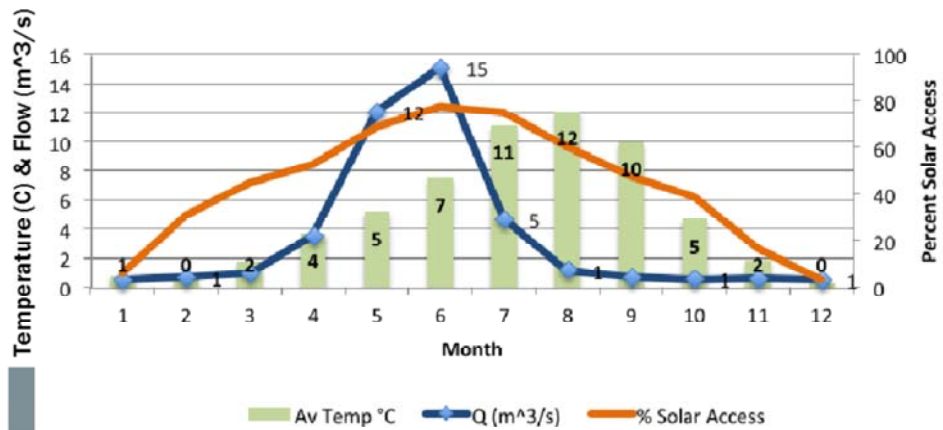
- (3) INVERTEBRATES
 - Benthic invertebrates
 - Drift invertebrates

- (4) RESTORATION EFFECTIVENESS

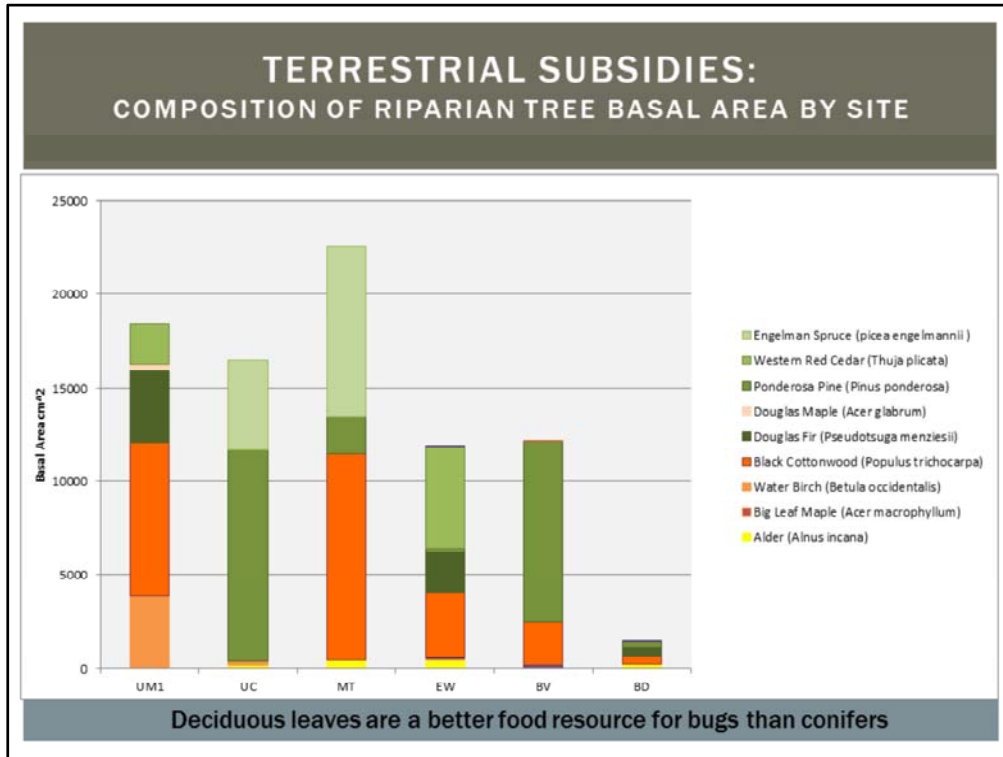
This is an overview of the results we'll talk about next

SEASONAL PATTERNS: SNOW MELT, THEN WINTER LOW FLOW

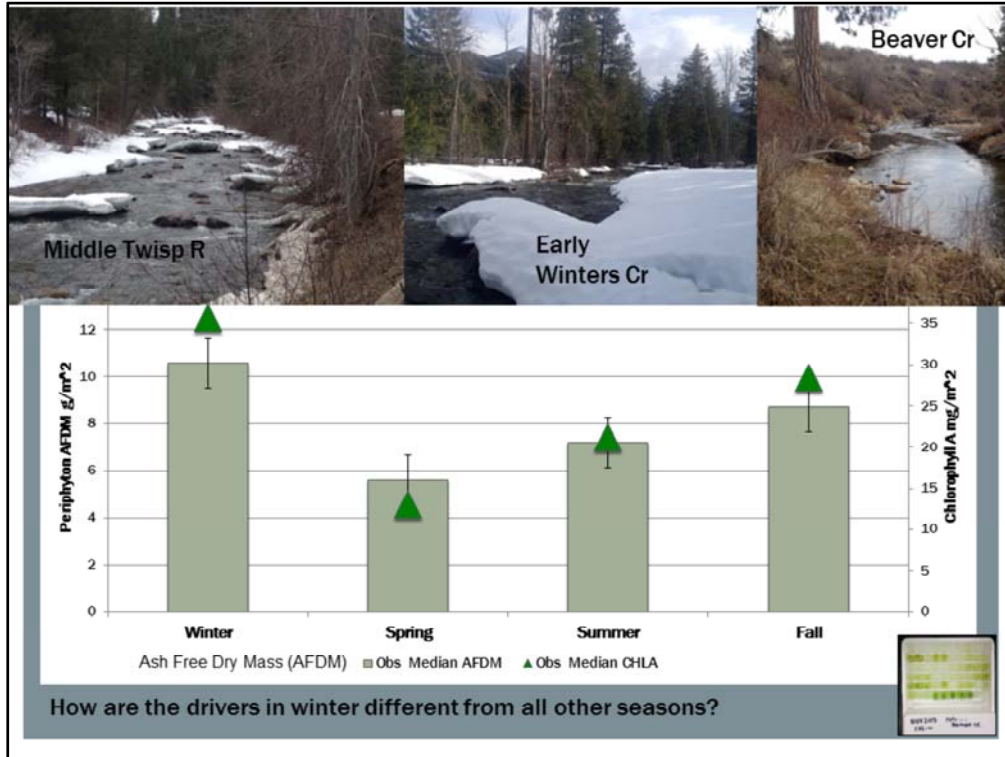
Early Winters Creek Seasonal Patterns - 29m



1. Flow peaks in May and June – major disturbance and annual reset for biological communities
2. Low flow throughout winter
3. Winter stream temperatures hover around freezing
4. This watershed does not have high temperature problems.





1. Riparian survey results indicated that the sites were generally conifer dominated, with the deciduous cover dominated by of black cotton wood, big leaf maple, willow, and less alder than expected. We quantified expected annual leaf contribution from each tree spp.
2. Alder is critical - it fixes atmospheric nitrogen, and is a preferable food source for invertebrates because it can be more quickly conditioned by microbes and consumed by invertebrates.
3. Additionally, as species common in primary succession, alder is able to colonize more disturbed sites, quickly providing shade and building soil to support later successional species like riparian conifers.





1. Biomass peaks in winter, despite cold temps
2. What explains this pattern?
3. Winter is longest time since spring disturbance, more time for growth and reproduction of periphyton communities, also low flow limits sunlight obstruction the stream bed.
4. **Cold Adapted spp**

WHICH STREAM VARIABLES PREDICT PERIPHYTON? DRIVERS CHANGE BY SEASON


 **SUMMER (most studies):**
Solar access & temp

 **FALL:**
Nitrogen is best predictor, solar access, & stream power follow

 **WINTER:**
Nitrogen & stream power

 **SPRING:**
Nitrogen, phosphorous, substrate size, stream power

ANNUAL PREDICTORS:
Nitrogen, substrate, temp, stream power, drainage area



March 29, 2014

Specific Stream Power

= $\frac{(2 \text{ year peak flow} \times \text{gradient})}{\text{Bankfull width}}$

★

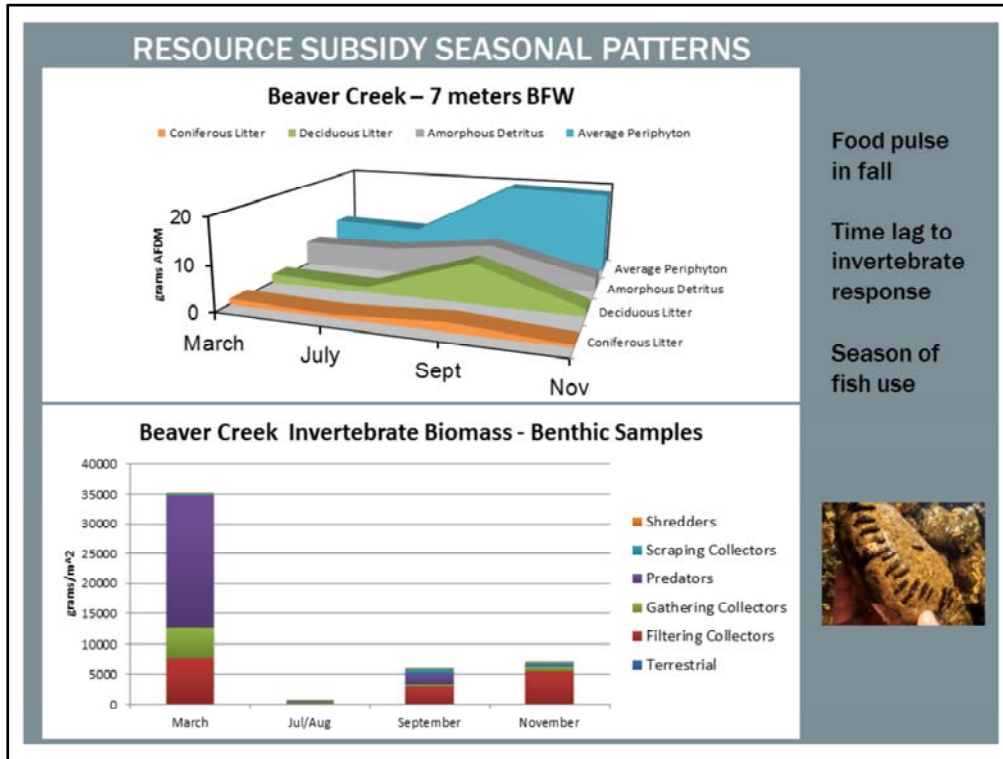
**SUMMER-ONLY SAMPLING
MISSES SIGNAL**

1. We used a multiple linear regression analysis and model selection to determine the drivers of periphyton growth in each season
2. Nitrogen is an important predictor of biomass year round, except in summer
3. Specific stream power is also an important predictor in all seasons except summer
4. Summer only sampling misses important annual predictors of the food abundance.
5. The take home here is that nutrients are critical for a robust food landscape... surprising no one, but still important to reiterate in systems that have low salmon returns. A big piece of the missing nutrient input was likely previously supplied by abundant salmon carcasses.

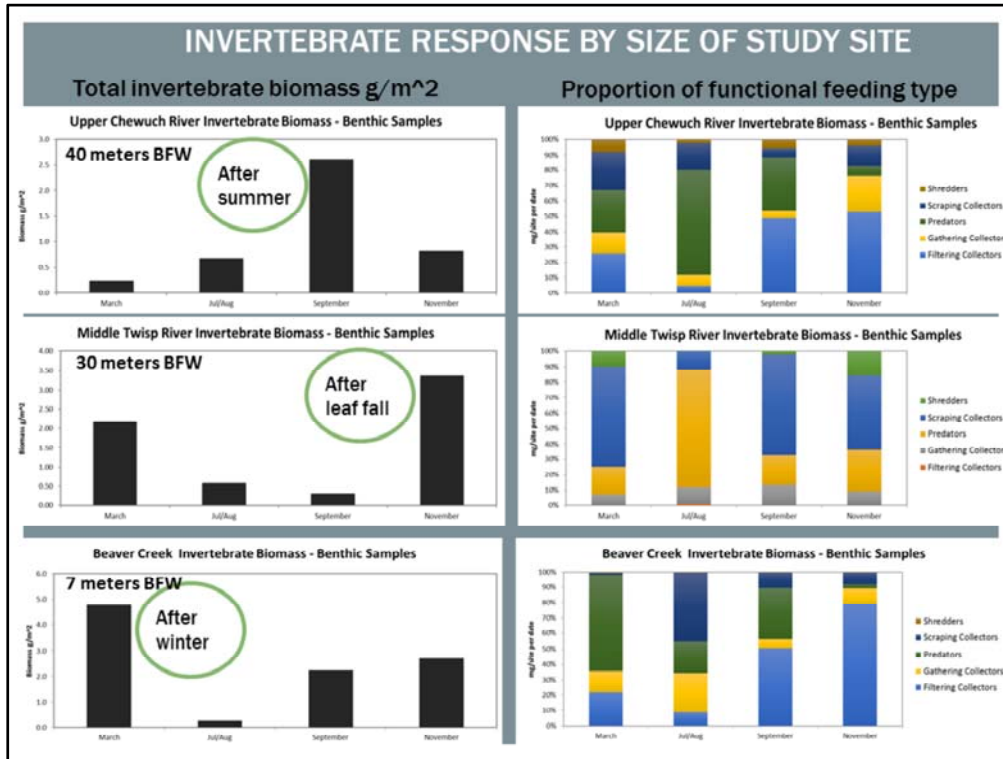
Think about nutrient sources and patterns at your sites.

Are there abundant alder? Is there heavy wildlife use? Beaver or elk?

Cattle or dairy land uses or phosphorous rich sediment inputs from volcanic soil layer?



1. I'm showing these charts to demonstrate the asynchronous pattern we observed in the data
2. At this site, take a look at periphyton abundance in blue – highest from Sept – Nov, then
3. Look at the invertebrate response, not until months later in early spring, coinciding with the emergence of early instars of invertebrates.
4. This may all be a coincidence, but observing the food pulse, then time lag to invertebrate response, and thinking about how this corresponds to the season of fish use is pretty cool
5. We know fish use smaller streams to escape high flows, this data also demonstrates they use smaller streams because of food availability in early spring

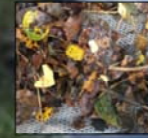
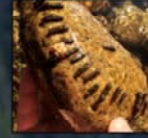


1. These show the invertebrate response by size of creek.
2. Generally speaking this pattern happens at all sites:
Fall (September invertebrate biomass levels are higher in larger streams.
3. Increase in invertebrate biomass occurring after summer in large river (greater periphyton)
4. In reaches that fell in the middle of all the study sites, invertebrate biomass was highest in November, correlating with leaf fall, and invertebrate life cycle
5. After winter in smaller stream – lower flow, lower turnover, more decay of riparian leaf litter and consumption/growth by invertebrates/early instars
6. What does this mean for restoration practitioners?

KEY FINDINGS & PRACTICAL APPLICATIONS

How do riparian inputs, periphyton biomass & aquatic invertebrates change seasonally and spatially across a watershed?

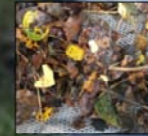
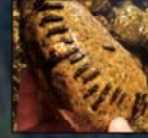
- Can't only look at summer data – different drivers
- Large streams have more invertebrates in fall, small streams have more in early spring
- Location in the network determines input type, season, retention



KEY FINDINGS & PRACTICAL APPLICATIONS

Which environmental parameters best predict periphyton & invertebrate biomass?

- Nutrients and stream power in all seasons except summer, light and temperature in summer
- Higher benthic detritus correlated with higher N & P concentrations
- Temperature did not limit periphyton growth in mountain climate during winter – low flow

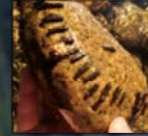


3. (due to increased winter light)

KEY FINDINGS & PRACTICAL APPLICATIONS

How can restoration efforts consider food dynamics to improve effectiveness?

- Tribs provide important food pulse
- Fish move into tribs during high flows (physiological mechanism) and also to feed (food limitation). Timing/resource asynchrony
- Deciduous riparian plantings – natural succession, food input, fast shade



1. I was thrilled to hear about the idea to inoculate restoration projects with local, native, stream invertebrates and microbes from an appropriate reference reach, and especially that the inoculation effort collected samples in ALL seasons from the reference reach.



1.

HOW TO PICK RESTORATION SITES?

USE A MODEL

THINK ABOUT FOOD AVAILABILITY - PERIPHYTON, LEAF, BUG

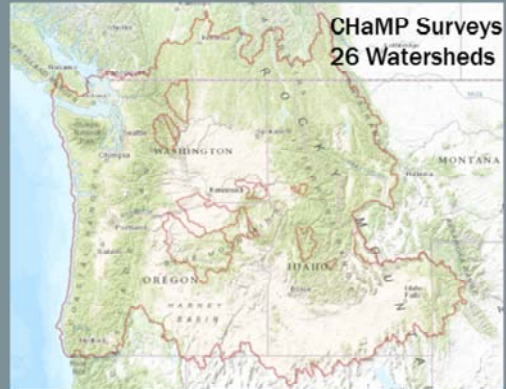
USE A MODELING TOOL:
to estimate periphyton biomass & production, evaluate treatment options

Uses Columbia Habitat Monitoring Program (CHaMP) Survey Data as inputs

- CHaMPmonitoring.org
- 13 Columbia River subbasins

Also need:

- stream flow/temperature
- **Start monitoring nutrient data**
- pebble counts if available



New paper: "Incorporating food web dynamics into ecological restoration - A modeling approach for river ecosystems," Ecological Applications, 2017

Bellmore, J.R., Benjamin, J.R., Newsom, M., Bountry, J.A., & Dombroski, D.

1. Empirical data collected during this study was used to calibrate a model that can be used to predict the success of different restoration approaches – the publication will be in Ecological Applications at the end of the month.
2. Model parameters included geomorphic and topographic information collected at all Columbia Habitat Monitoring Protocol sites mentioned a few time previously this week.
3. A few other parameters are needed to use the model – namely nutrient information – so I encourage all restoration practitioners to start evaluating the nutrient landscape of their chosen systems.

**PRIORITIZE RESTORATION AT SITES THAT
MAY GROW MORE FOOD & MONITOR
FUNCTIONAL RESPONSE TO PROJECTS**



ACKNOWLEDGEMENTS

- Major Advisor: Dr. Alex K. Fremier, Wash. St. Univ.
- Dr. J. Ryan Bellmore, USGS, now USFS
- Dr. Francine Mejia, USGS
- Michael Newsom, Bureau of Reclamation, retired
- Grace Watson, USGS Twisp/Methow Salmon
- CHaMP Data, PNAMP & Monitoring Methods
- Fremier Lab Group



QUESTIONS?

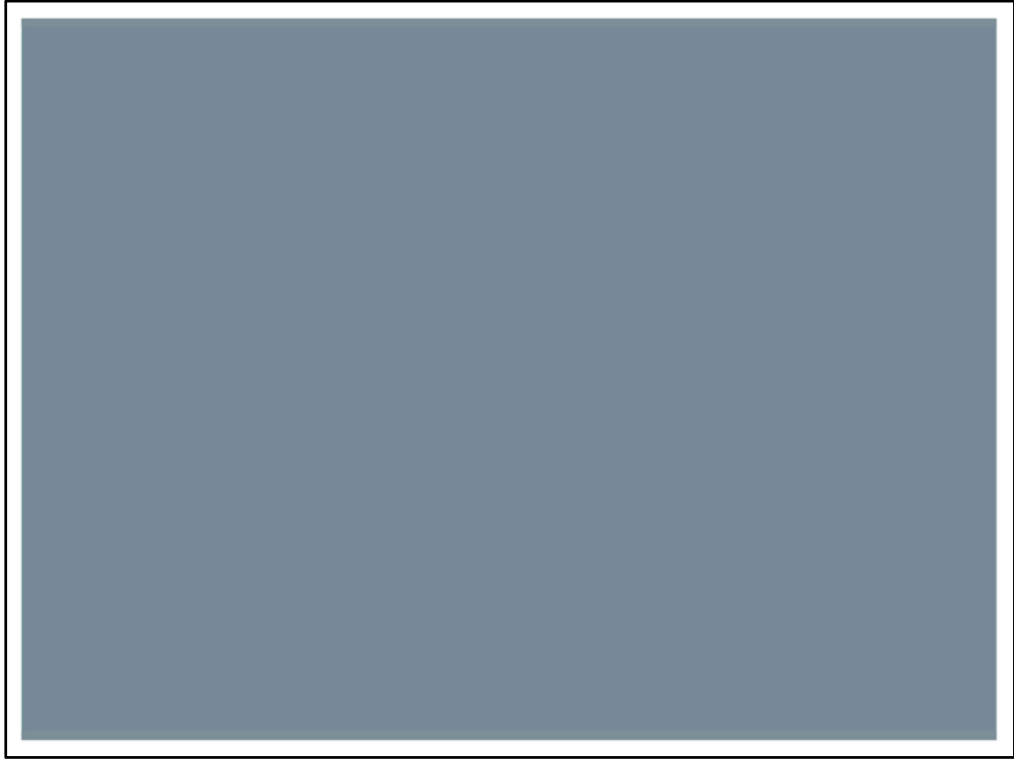
GSA GeoSystems Analysis, Inc.
Innovations in Hydrology

USGS
science for a changing world





University of Idaho

WASHINGTON STATE UNIVERSITY

RECLAMATION
Managing Water in the West



MONITORING IS HYPOTHESIS TESTING

- Restoration is highly opportunistic (+ deep knowledge)
 - Success/failure often related to site specific conditions
 - Is approach getting results? Repeatable?
 - Past projects *must* be monitored to understand functional response
 - Successes replicated
 - Failures as learning opportunities
-  The era of project implementation without validation monitoring is coming to a close   

NOD your head

Funding, landowner willingness, access, material cost – LWD or potential donation, public opinion, the need to address other identified limiting factors that drive the project, consideration of future climate change impacts.

All need to line up

One approach may not be a good fit in a different location

Know what works and critically – why it worked where applied

Monitoring of the functional response, in addition to the number of trees planted and stream miles treated needs to be a funded component of restoration project implementation, without it, success is difficult to replicate.

The novel ecosystem acknowledgement – that restoration projects are experimentation in new scenarios is important, but if our objective is to grow more fish and restore critically endangered populations units, we need to get results, and the first step in understanding what works is monitoring our projects and implementing adaptive management to correct observed issues.

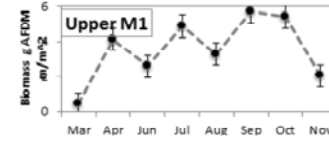
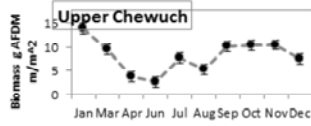
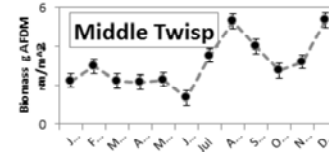
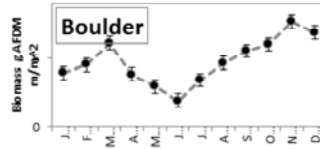
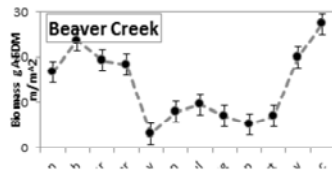
CONCLUSIONS & IMPLICATIONS:

- Sites with high shading can produce high quantities of invertebrates
- Seasonal changes: Benthic & detritus drift detritus
- Bug Food resource varies through the year
- Detritus levels are weakly correlated with benthic periphyton & invert biomass
- Leaf on – leaf off cycle of deciduous dominant river reaches affects observed periphyton & invert biomass, however not in a clear way.



http://green.blogs.nytimes.com/2012/02/09/hatcheries-vs-wild-salmon/?_r=0





Sites arranged as:
 Top: Small Streams
 Mid: mid Streams
 Bottom: Rivers

Observations:
 Small Streams: Low point occurs earlier in BV (my vs June) compared to BD due to location lower in watershed. Both have winter high, with peak in late fall (is this due to invertebrate life cycle? Die off in fall? Low water in winter? Biomass varies based on site conditions (nutrients))

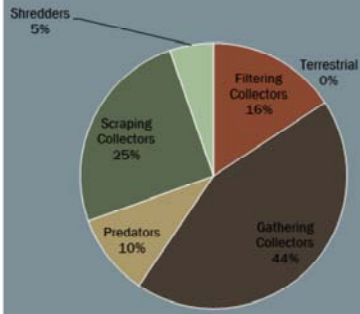
Mid Streams: Peak in Aug = what we normally expect to see via RCC, ANOTHER PEAK IN DEC = due to invert life cycle?

Big streams: Winter peak in Upper Chewuch - more similar to mid sized streams, Aug decrease - what is causing this? other effects moderated.

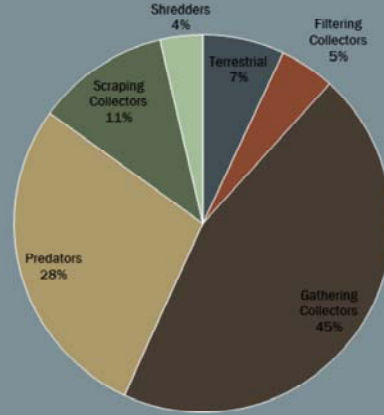


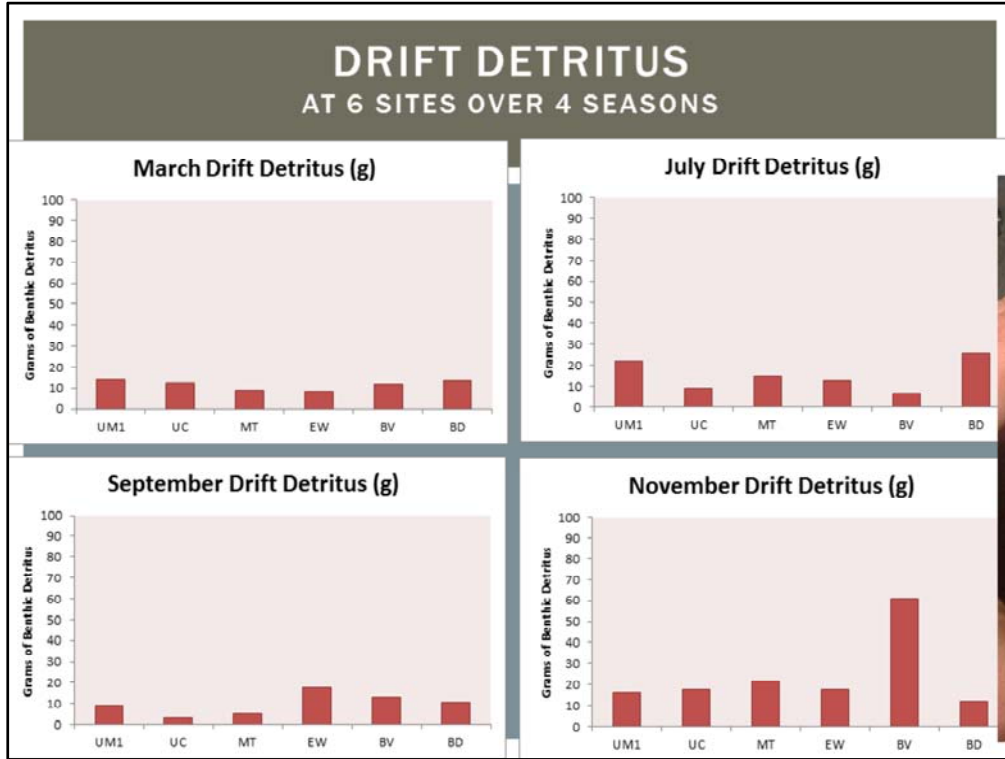
ABUNDANCE: INVERTEBRATE COUNTS

Total Benthic - 6 sites 4 months



Total Drift Abundance - 6 sites 4 months



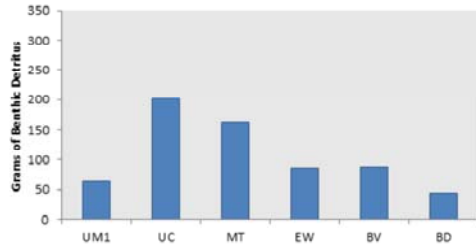


Bugs were removed

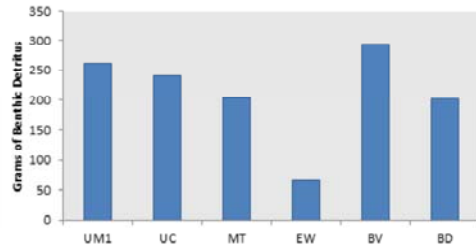
Detritus samples – proportion of each type of detritus was identified and material was ashed and weighed

BENTHIC DETRITUS AT 6 SITES OVER 4 SEASONS

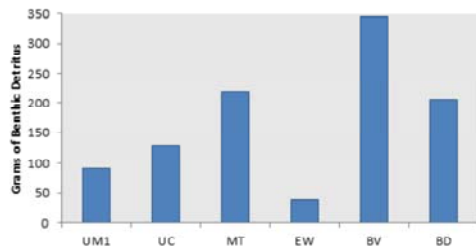
July Benthic Detritus (g)



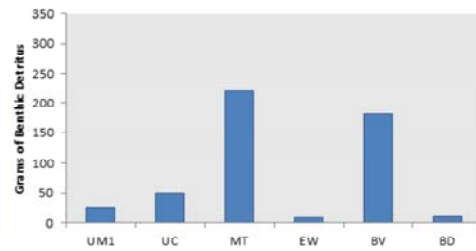
September Benthic Detritus (g)



November Benthic Detritus (g)



March Benthic Detritus (g)



AUTOCHTHONOUS SUBSIDIES: WHICH VARIABLES PREDICT PERIPHYTON BY SEASON?

Multiple Linear Regression

Best Fit Models Predicting AFDM

Summer

$$\text{AFDM} \sim (\text{intercept})^* + \text{Solar}^{**} + \text{Temp}^{**}$$

Fall

$$\text{AFDM} \sim (\text{intercept}) + \text{N}^{****} + \text{Solar}^* + \text{SP}$$

Winter

$$\text{AFDM} \sim (\text{intercept}) + \text{N}^{***} + \text{DA}^{****}$$

Spring

$$\text{AFDM} \sim (\text{intercept})^* + \text{N}^{**} + \text{P} + \text{D50}^* + \text{SP}^{**}$$

Annual

$$\text{AFDM} \sim (\text{intercept}) + \text{N}^{****} + \text{D50}^{**} + \text{Temp} + \text{SP}^{****} + \text{DA}^{****}$$

KEY:

Solar = % Solar Access

T= Temperature (°C)

N= Total Inorganic Nitrogen

D50 = Median Substrate Size

DA = Drainage Area

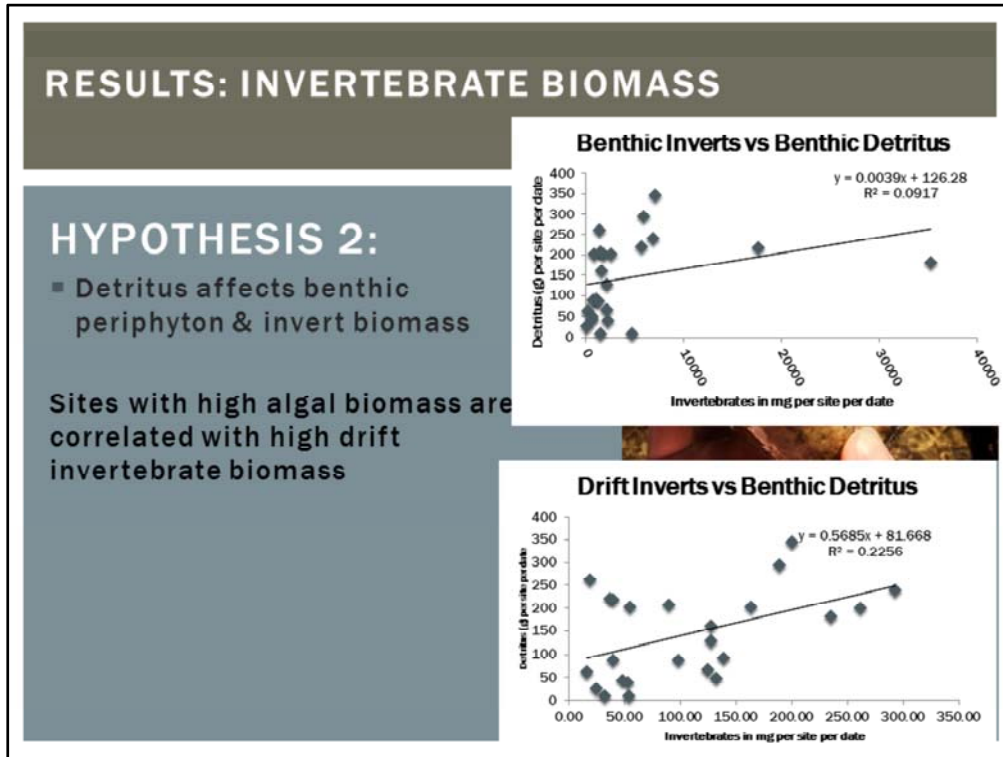
SP = Specific Stream Power

$$= \frac{(2 \text{ year peak flow} \times \text{gradient})}{\text{Bankfull width}}$$

Significance codes of p-values for coefficients:

* <0.01, **<0.05, ***<0.001, ****<0.0001

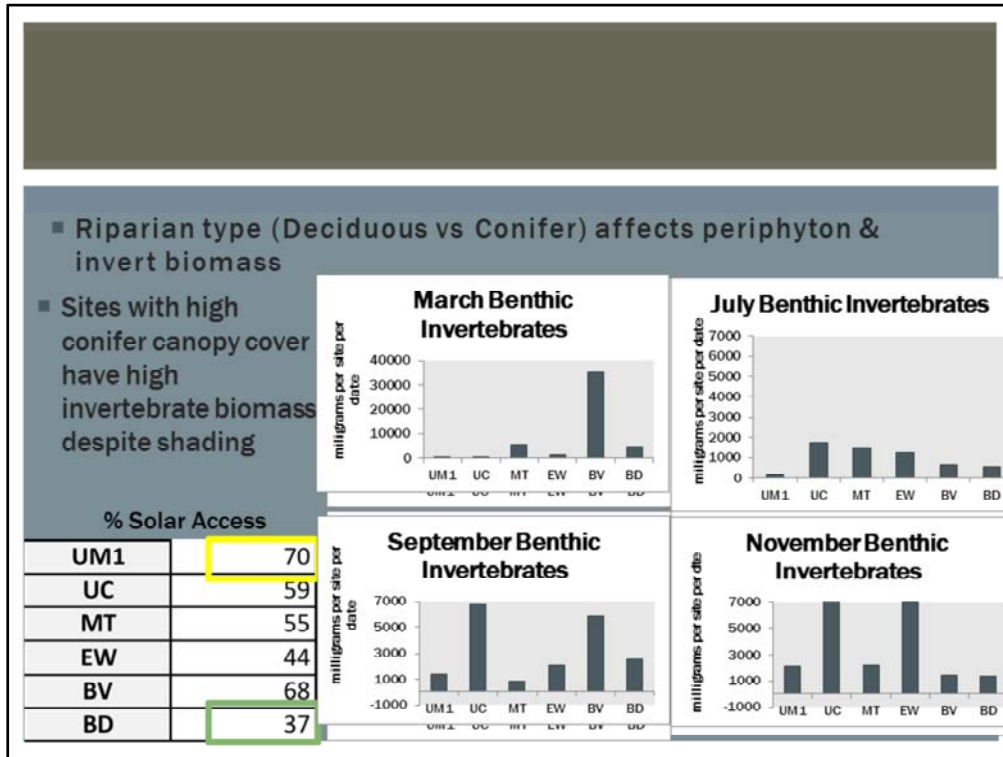
1. Drivers change through the seasons
1. Biomass peaks in winter, despite cold temps
2. Nitrogen is a very important predictor of biomass year round, except in summer



Invertebrate data tends to match the periphyton, and high canopy sites do not seem to decrease the abundance of grazers or filtering collectors.

As with the biomass and chlorophyll a data – there are complex interactions happening here, perhaps with pigment efficiency increasing under low light conditions of dense canopy sites.

Still, these interactions are hard to isolate and statistical analysis can demonstrate similarly inconclusive results if interactions are not accounted for.

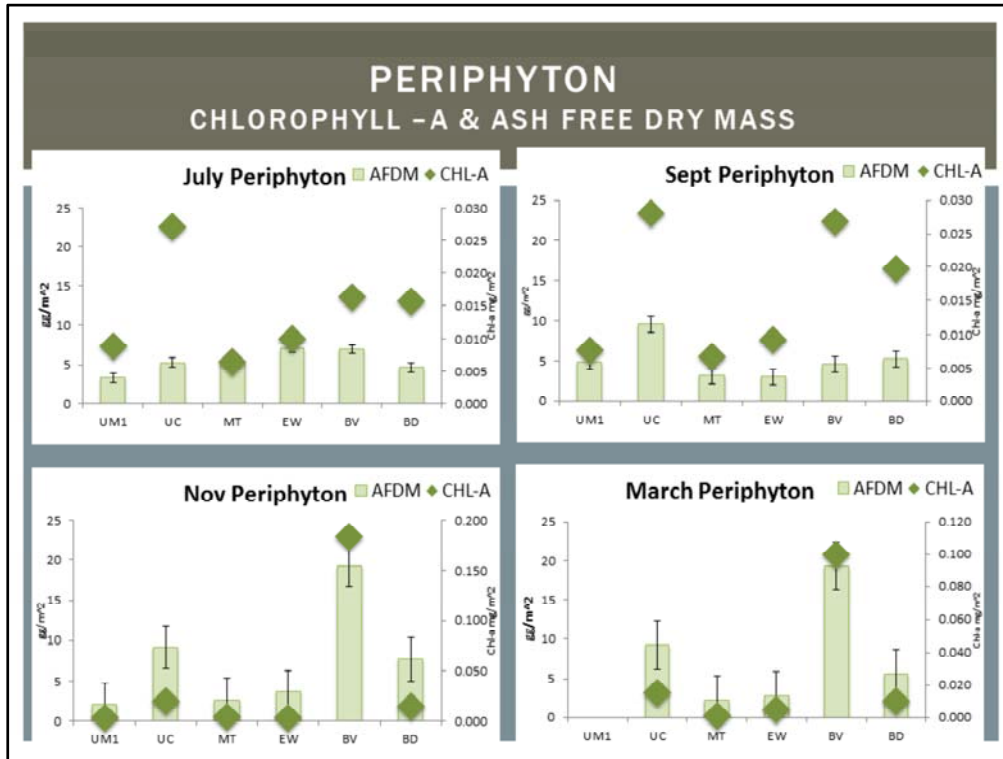


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As with the biomass and chlorophyll a data – there are complex interactions happening here, perhaps with pigment efficiency increasing under low light conditions of dense canopy sites.

Still, these interactions are hard to isolate and statistical analysis could demonstrate similarly inconclusive results if interactions are not accounted for.

We are getting into the analyses here as more of the data sets we measured are finalized, shortly.



1. Biomass peaks in winter, despite cold temps
2. Nitrogen is a very important predictor of biomass year round, except in summer
3. Drivers change through the seasons\

Primary productivity: rate of organic matter created via photosynthesis by autotrophic organisms (e.g., algae, macrophytes, bryophytes).

- ✧ Light
 - Riparian or topographic shading
- ✧ Temperature
- ✧ Nutrients
- ✧ Watershed position

Other Factors:

Disturbance

Density Dependent Growth?

WHICH VARIABLES PREDICT AFDM BY SEASON? Multiple Linear Regression

Best Fit Models Predicting AFDM

Summer

$$\text{AFDM} \sim (\text{intercept})^* + \text{Solar}^{**} + \text{Temp}^{**}$$

Fall

$$\text{AFDM} \sim (\text{intercept}) + \text{N}^{****} + \text{Solar}^* + \text{SP}$$

Winter

$$\text{AFDM} \sim (\text{intercept}) + \text{N}^{***} + \text{DA}^{****}$$

Spring

$$\text{AFDM} \sim (\text{intercept})^* + \text{N}^{**} + \text{P} + \text{D50}^* + \text{SP}^{**}$$

Annual

$$\text{AFDM} \sim (\text{intercept}) + \text{N}^{****} + \text{D50}^{**} + \text{Temp} + \text{SP}^{****} + \text{DA}^{****}$$



KEY:

Solar = % Solar Access

T= Temperature (°C)

N= Total Inorganic Nitrogen

D50 = Median Substrate Size

DA = Drainage Area

SP = Specific Stream Power

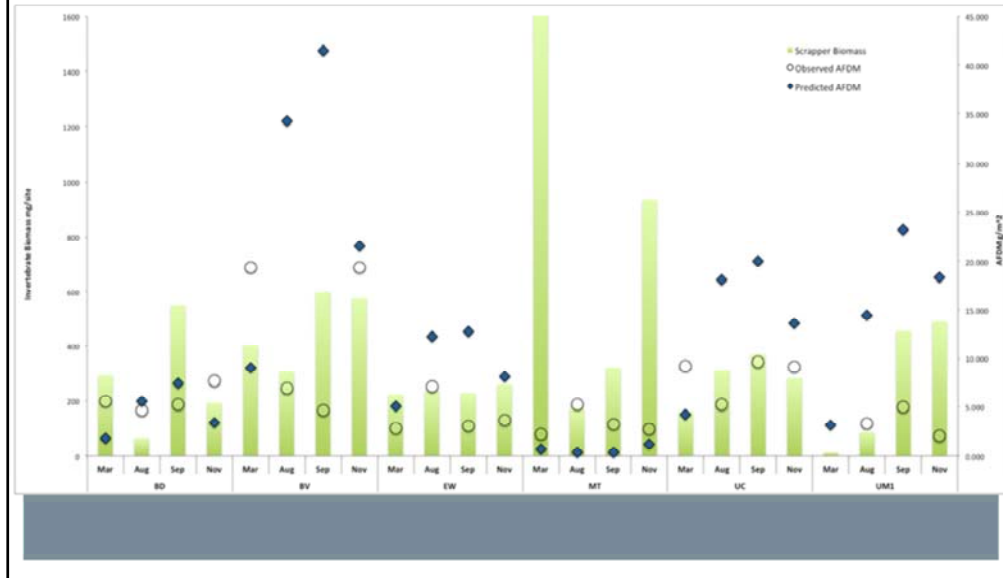
$$= \frac{(2 \text{ year peak flow} \times \text{gradient})}{\text{Bankfull width}}$$

Significance codes of p-values for coefficients:

* <0.01, **<0.05, ***<0.001, ****<0.0001

Nitrogen is an important predictor of biomass year round, except in summer

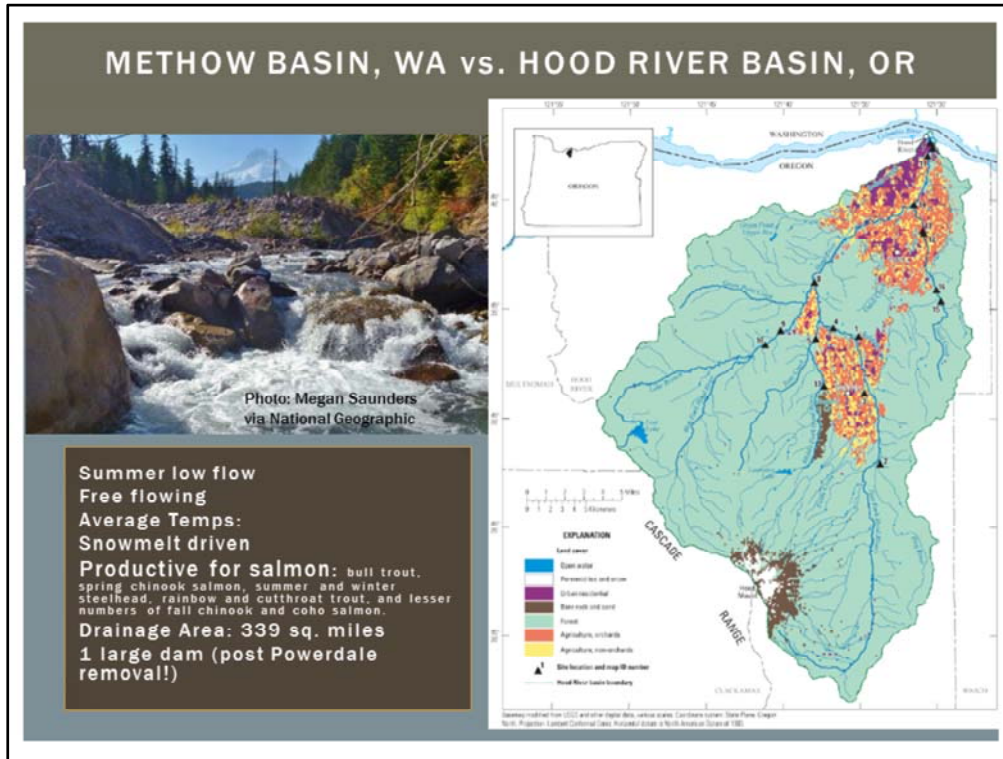
DOES INVERTEBRATE DATA EXPLAIN PATTERNS?



Biomass of invertebrates classified as part of the functional feeding group scappers at all sample sites over all dates in comparison with Chlorophyll-a values. The site with the highest invertebrate biomass (Middle Twisp) consistently had the lowest AFDM and Chl-a biomass in empirical samples. This graph indicates efficiency of invertebrates at MT.

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Frequently, but not always, the ATP Model (diamonds) over predicts periphyton biomass compared to observed biomass (circles). Invertebrate consumption can help explain this over prediction. Though not all feeding types directly consume biomass, all invertebrates benefit from higher biomass (though filtering consumption or as predators feeding on direct consumers). This important finding demonstrates model the needs to be calibrated using modifiers that account for the affect of grazing.



Free flowing

All listed salmonids,
 Located above 9 Columbia River Dams

Elevation: 9,000 - 805 ft
 Watershed area: 1805 mi²

Oligotrophic system

PACIFIC SALMON HAVE DECLINED OVER THE PAST CENTURY

Hydropower *Harvest* *Hatcheries*

- Many causes
- Changing the physical habitat is common approach to address decline

Physical Habitat

In the PNW we know pacific salmonids are imperiled and we point to 4 key reasons for this imperilment.

4 H's – Harvest Levels: enormous catch rates in the early part of the century diminished adult numbers spawning in natal streams and overtime, populations over all, Hatchery Production has introduced diseases and is interbreeding between hatchery and wild stocks has reduced the resilience of wild

A Hydropower System that block upstream passage, pummels juveniles as they swimming downstream over dams, slows or confuses upstream passage though fish ladders where predators are abundant.

Pause

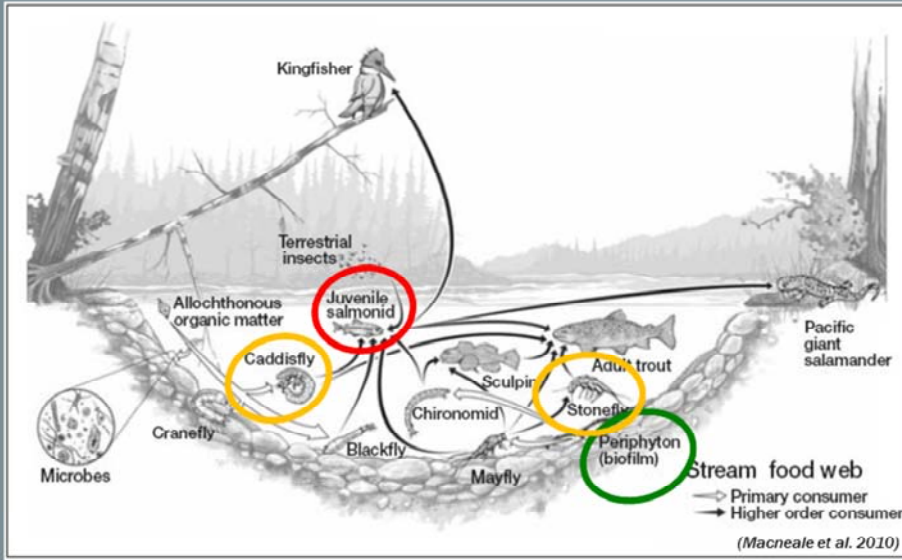
The endangered species act of 1973 requires action to increase and maintain salmon populations under many human driven constrains, and as a result

Efforts to improve freshwater and estuary habitats have come into focus with Habitat labeled as the 4th H.

Numerous habitat project address upstream passage, like this culvert replacement, while other projects address water quality issues such as temperature or sedimentation, and other projects seek to address physical channel shape, instream cover or river hydraulics.

Stream Food Webs & Energy Flows

Tertiary
Secondary
Primary



ECOSYSTEM SUBSIDIES

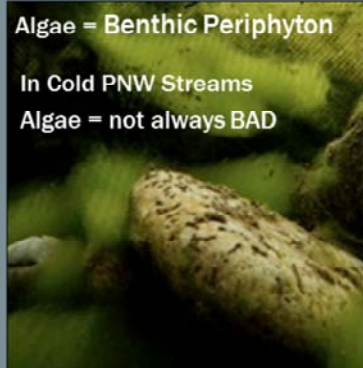
Aquatic periphyton is the basis of trophic production in stream ecosystems (Minshall et al 1978, 2014)

1/3 of fish diets derived from invertebrates feeding on periphyton (Hury & Wallace, 2000; Benke, 1993)

Algae = Benthic Periphyton

In Cold PNW Streams

Algae = not always BAD



RIPARIAN SHADE



Terrestrial inputs

I Looked at:

Deciduous v Conifer Riparian Cover

Timing of inputs

Drift vs Standing Crop Benthic

Other Ecological Drivers that contribute to the patterns we see:

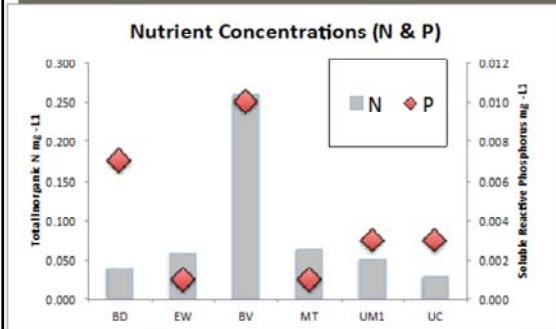
Temp

Nutrient Concentration

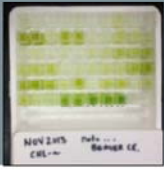
Light

Stream Power/Channel Shape and the Disturbance Regime

OVERALL: COARSE ORGANIC MATTER & BENTHIC DETRITUS MAY HELP RETAIN NUTRIENTS

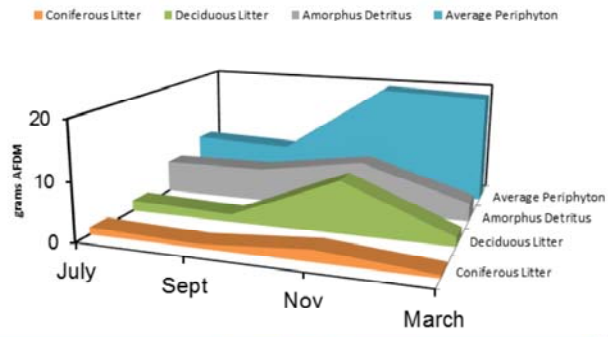


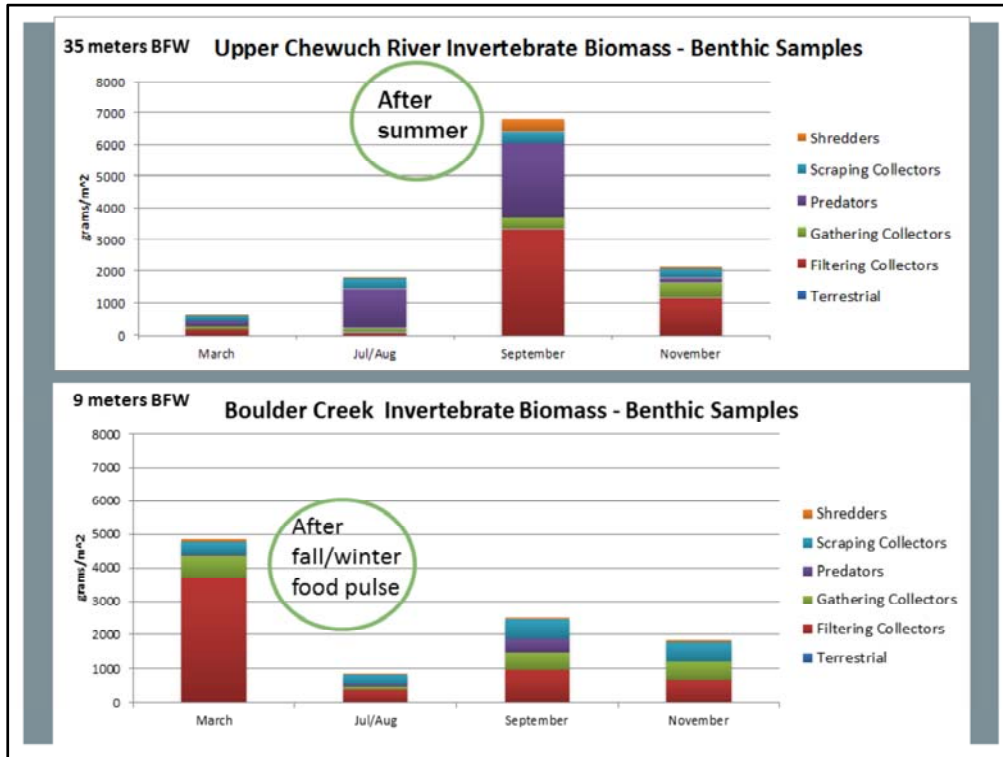
N = Total Inorganic Nitrogen, P = Soluble Reactive Phosphorous



STREAM RESOURCES BY SEASON

Beaver Creek





1. These show the invertebrate response by size of creek.
2. Generally speaking this pattern happens at all sites:
 Fall (September invertebrate biomass levels are higher in larger streams.
 In smaller tributaries, benthic invertebrate biomass levels were higher in early spring.
1. Increase in invertebrate biomass occurring after summer in large river (greater periphyton)
2. After winter in smaller stream – lower flow, lower turnover, more decay of riparian leaf litter and consumption/growth by invertebrates.
3. Overall, sites with high conifer canopy cover also had high invertebrate biomass despite shading

